









Rijksoverheid
Pravidla - Corona virus v Holandsku
Co musis dodrziavat

 <p>Nemas priznaky?</p> <ul style="list-style-type: none">- vyhnut sa velkym skupina- pracuj z domu ak je to mozne	 <p>Mas priznaky alebo si prechladeny?</p> <p>Si prechladeny, kychanie, bolest hrdla, nadcha, zvsena teplota do 38 stupnov. Potom dodrz extra pravidla.</p> <ul style="list-style-type: none">- Ostan doma- Obmedz socialne kontakty
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Nezabudni!

 <p>Umyvat tvoje ruky</p>	 <p>Kasli a kychaj do vnutra lakta</p>	 <p>Nepodavajte si ruky</p>	 <p>Pouzivaj papierove vreckovky</p>
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Pre viac informacie kontaktujte:
www.rijksoverheid.nl/coronavirus
0800-1351